Accommodation

There are several options available to visitors. Information:

▶ Porquerolles Information Office

Tel: 04 94 58 33 76 - Fax: 04 94 58 36 39 contact@porquerolles.com / www.porquerolles.com

Hyères Tourist Office

B.P.721 - 83412 HYERES CEDEX

Tel: 04 94 01 84 50 - Fax: 04 94 01 81 51

info@ot-hyeres.fr / www.hyeres-tourisme.com

Booking centre

Tel: 04 94 38 50 91 - Fax: 04 94 38 61 78 reservation@provence-azur.com

Useful documents about the island

- ▶ 1/10,000 land and sea map of Porquerolles island, Port-Cros National Park, 2005.
- The islands on foot: "Les Iles à pas comptés, paysages habitats naturels et espèces protégées des îles de Port-Cros et de Porquerolles". Éditions du Rouergue - Port-Cros National Park, 2000.
- "Parc national de Port-Cros, îles de Port-Cros et Porquerolles", Claude-Marie Vadrot, Actes Sud and Port-Cros National Park, 1998.
- "Cyclo-guide de randonnées dans l'île de Porquerolles", Port-Cros National Park, 2003.
- "80 fleurs des îles d'Hyères et du littoral varois", Ed. Libris, 2006.
- ▶ "80 poissons et espèces marines de Méditerranée", Ed. Libris, 2007.
- Leaflets, itinerary sheets and themed factsheets.

Information:

Parc national de Port-Cros/

Conservatoire botanique national méditerranéen de

Porquerolles

Castel Sainte-Claire - 83418 Hyères cedex

Tel: 04 94 12 82 30

Fax: 04 94 12 82 31

accueil.pnpc@portcrosparcnational.fr www.portcrosparcnational.fr

The island of Porquerolles is an exceptional place open to everyone, but everyone also has a share of responsibility for it. It is protected by special regulations.
Please abide by them.



- . No fires or cigarettes. Outside the village, to prevent forest fires and help keep the beaches clean.
- No camping or bivouacking
- No motorised vehicles or bikes
- The island is reserved for pedestrians, except for authorised or service
- No litter. Except in the containers provided in order not to spoil the natural environment and countryside.
- No noise or disturbance

To preserve the peaceful atmosphere of the island.

- To preserve biological diversity, there are regulations for the picking of plants and taking samples
- · Circulation of motorised vehicles and bikes is controlled.
- To preserve wild plants and animals, please do not stray outside the authorised tracks and paths.
- To protect the wildlife, dogs must be kept on a lead. They are forbidden on the beaches for reasons of cleanliness.

At sea, certain zones have special regulations as part of Natura 2000, particularly to protect the posidonia beds.

You will find detailed information about these regulations at the Maison du Parc in the Jardin du Palmier and at the Harbourmaster's Office.

Fire Danger

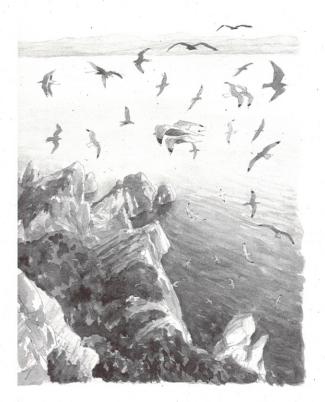
Drought + wind = increased fire risk.

For everyone's safety, the forest areas are therefore closed to the public and only those paths leading to the beaches are authorised.

Information on 04 98 10 55 41 or www.cdig-var.org

In case of fire, please call 18 or 112. Do not move away from the sea.

Porquerolles A practical guide



Strolling around the island of Porquerolles means going at a gentle pace towards a subtle border between water and land, between men's wisdom and excess ...

How to get there

Access all year round by boat, departing from the Port de la Tour Fondue at the tip of the Giens peninsula.

• Compagnie TLV: 04 94 58 21 81

Compagnie TVM: 04 94 58 95 14 www.tlv-tvm.com

Discover

Reception

■ Maison du Parc, Jardin du Palmier, just outside the village, following signs for the route du Phare.

Reception, information, sale of documents, visit gardens. Free entry.

Open every day from April to October. Guided tours possible by arrangement on 04 94 58 07 24 or 04 94 12 30 40 (during the Maison du Parc's closed period).

Visits

■ Fort Sainte Agathe, High up above the village, this historic 16th century monument offers outstanding views across the island and the bay of Hyères.

"Porquerolles and the bay of Hyères, a living heritage" exhibition, supplemented by temporary themed exhibitions.

Open every day from mid-May to the end of September from 10.00 to 12.00 and from 14.00 to 18.00. Guided tours for groups may be booked on: 04 94 58 07 24 or 04 94 12 30 40 (during the Maison du Parc's closed period).

■ Le Moulin du Bonheur

Recently restored by the National Park and the "Les Amoureux de Porquerolles" association. Visit the mill, which is in full working order, find out about the agricultural traditions on the island. Open every day from mid-May to the end of September from 10.00 to 12.00 and from 14.00 to 18.00.

Prices for both visits:

• Individual adults (from 18 years old) 4.00 € children (5 to 18 years old) and students 2.00 €

Free for children under 5.

Children must be accompanied by an adult.

• Groups classes (max. 25 children) 50.00 € adults (min. 10 - max. 15 pers.) 50.00 €

■ Le Hameau,

10 min from the village, towards the Route du Phare. Presentation of the Botanical Conservatory's work to preserve Mediterranean plant life in a permanent outdoor exhibition.

Free visit to the gardens and collection orchards.



Themed walks

■ Walk around Porquerolles village (1hr30): explore landscapes shaped by man's action on island nature over many years (leaflet published by the Park).

■ The stone paths, Western trail (2hr30), Eastern trail (2hr00): explore the island's fortified heritage (leaflet published by the Park and signs on the site).

■ The water path (1hr30): exploring the water system on the island and how it is managed (leaflet published by the Park and waymarks on the site).

Group excursions

Tours led by guides who are partners of the National Park are organised all year round on set dates or by request.

Information at the Park's office: 04 94 12 82 30 or see a list of our partner guides on our website: www.portcrosparcnational.fr/visite/porquerolles/animation



Walking and hiking

■ Walks

There are 51 km of way-marked paths criss-crossing the island. Average length:

The village > Le Langoustier: 2hr30 there and back

The village > Le Phare: 1hr there and back

▶ The village > Calanque du Brégançonnet: 1hr30 there and back

■ Cycle tracks

Four itineraries have been designed and way-marked to help you explore the island by bike, starting from the Place d'Armes in the village (cf. signboard: Levant circuit (2h), Midi circuit (45mn), Couchant circuit (2h) and Mistral circuit (1hr45mn), the latter being the only totally accessible itinerary when the forests are closed (see "Cyclo-guide de randonnées dans l'île de Porquerolles", published by the Park). Bike parking areas are available behind the beaches. Use of bikes is regulated. Find out more from bike hire companies, (partners of the National Park) and from information points.

For everyone's safety and peace of mind, please ride slowly and with care.

■ Disovery Classes

Themed discovery classes are organised by the IGeSA. Information and booking on:
Tel: 04 94 12 31 87 - Fax: 04 94 58 32 47
sejourscolaires@igesa.fr

Swimming

There are two beaches ideal for swimming at an equal distance from the village (1/2 hour): the "plage d'Argent" to the west, and the "plage de la Courtade" to the east. Further to the east, you will find the 'plage de Notre-Dame', roughly an hour's walk away.



Diving

Diving clubs on the island and on the mainland offer a wide range of opportunities for observation. *Information: FFESSM: 04 94 00 40 71 www.ffessmcotedazur.com/cd83*.